**RECOMMENDED READING LIST**

*A List of Books Compiled by the Mental Health Professionals at Covington & Hafkin and Associates*

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**General Infertility**


The Male Experience of Infertility


PCOS (Polycystic Ovarian Syndrome)


Single Mothers


LGBT


Secondary Infertility

**Books in the “General Infertility” Section (above) of this list that also have good chapters on secondary infertility include: The Long Awaited Stork: Parenting After Infertility, by Ellen Sarasohn Glazer; and Conquering Infertility, by Alice Domar.**

**Pregnancy Loss/Miscarriage**


Davis, Deborah L. *Empty Cradle, Broken Heart.* Fulcrum Publishing. 1996. (*Includes a chapter on prenatal diagnosis and the burden of choice*)


**For Parents Receiving News of a Fetal Anomaly/Experiencing Pregnancy Interruption for a Fetal Anomaly or Other Medical Reason**


*Also see books in Pregnancy Loss/Miscarriage section that are noted to include a chapter on prenatal diagnosis and the burden of choice.*

**Abortion/Elective Termination**


Third-Party Reproduction


Donor Conception Network. Mixed Blessings: Building a Family With and Without Donor Help. 2012. (Booklet can be downloaded from the Donor Conception Network website, www.dcnetwork.org/)

Donor Conception Network. Talking and Telling. Series of four booklets and a film that serve as a resource for support and guidance to parents talking to their children conceived through third party reproduction. Separate booklets for parents of children at distinct developmental stages – 0-7, 8-11, 12-16, 17-adult. (Available at www.dcnetwork.org or http://www.infertilitynetwork.org/: Booklets can also be downloaded from the Donor Conception Network website, www.dcnetwork.org/)


Pettle, Sharon, and Burns, Jan. Choosing to Be Open About Donor Conception: The Experiences of Parents. Donor Conception Network. (Available at www.dcnetwork.org or http://www.infertilitynetwork.org/)


Adoption


**Parenting Over 40**


**Living Child-Free**


**Books for Children**

**Egg Donation:**


**Sperm Donation:**


**Embryo Donation:**


**Gestational Carrier/Surrogacy:**


**Gestational Carrier and Egg Donor**


**For Children of Gestational Carriers:**


Poston, Karen. *A Baby for Mabel and Frederick*. 2005. (Ages 4-8)

**Simple Explanations of Different Methods Used to Conceive/Carry Children:**


Jover, Carmen Martinez. *Recipes of How Babies are Made*. 2007. (Also Available in Spanish at [www.carmenmartinezjover.com](http://www.carmenmartinezjover.com)) (also includes adoption) (Ages 4-8)


**LGBT:**


Rella, Tina. *Mom, Mama, and Me...And How I Came To Be!* CreateSpace, 2010.

Single Mothers:

Clay, George Anne. *Why Don’t I Have a Daddy?* AuthorHouse, 2008. (Ages 2-7)


Levin, Barbara. *Just the Baby for Me.* 2008. (Ages 2-6)


Adoption:

Curtis, Jamie Lee. *Tell Me Again About the Night I was Born.* Joanna Cotler, 1996. (Adoption) (Ages 4-8)